**Report on Guest talk on ‘Choiceless Awareness’**

Date – 9th September, 2019

The Department of Philosophy organised a Guest talk on J. Krishnamurthy’s philosophy highlighting ‘Choiceless Awareness’. The resource person was Swami Chidananda, Founder – FOWAI (Flame Of Who Am I), an expert on J. Krishnamurthy’s philosophy.

The program was organised in the mini auditorium at 10.30 a.m. The target audience was Philosophy students of FY, SY and TY. The program commenced with a welcome address by Dr. Uma Shankar, Principal & Head, Department of Philosophy, SIES College. She shared her personal experiences of meeting J. Krishnamurthy and how he influenced her thoughts. She shared her expertise on his philosophy. Students were shown audio-visual clippings of J. Krishnamurthy from his lectures and talks.

Swami Chidananda began his talk with an introduction to J. Krishnamurthy and his philosophy. He further elaborated on Choiceless Awareness, its significance in our everyday life and how it can be used to channelize our thoughts without prejudices and biases. He shared personal anecdotes to illustrate how Choiceless Awareness can facilitate rationality and enable an individual to philosophize.

The session encouraged interaction between the students and the resource person bringing out a radical change in the students’ minds.